



In Person Meetings
One City Church
120 N East Yates Rd
Memphis, TN
(off Walnut Grove near 240)

Zoom Meeting

<https://us04web.zoom.us/j/5087794464>

Password: **talkshoppe** (all small letters, no space)

Networking Chat Box 8:45 am; Presentations 9:15-9:45 am

Download Newsletter: <https://talkshoppe.com/newsletter-downloads/>

**All Meetings are on Wednesday,
9 a.m. to 10 a.m.**

MEETINGS ARE IN-PERSON AND ZOOM

Zoom only when Shelby County Schools are closed for weather

- Sept 2 Will Taxes Effect Your Retirement?...The Five Phases of an IRA,**
Jim Cowgill, Thrivent Insurance
901-300-5422
- Sept 9 Assessing Your Business Roadmap to Success Using Latest Tools and AI**
Al Da Silva, 901-848-7900
- Sept 16 The Gut Connection: More than Just Digestion**
Terry Mecklin
Balancing Health & Wellness
Hellow@terrymecklin.com
- Sept 23 Protect Your Foundation! Why Cyber-security Can't Be An Afterthought for Small and Mid-Sized Businesses,**
Melanie Suria, 901-496-8949
Tech Entrepreneur Extraordinaire
- Sept 30 Master Mind Principle**
based on the book *Think and Grow Rich*
by Napoleon Hill (One BNI continued education credit)
- Oct 7 The Job Market is Changing. Have You?**
Melody Freeman, Director of Greater
Memphis Work Force Development
- Oct 14 Linked In For Business: Your Digital Brand**
Robin Tucker, Wilson Consulting, LLC
901-517-8332
- Oct 21 From Hospital to Home: What Happens After You're Discharged?**
Kelsey Watts, 901 Home Health Care
Office@901homehealth.com
- Oct 28 The Amazing Referral Race** 🏆
Business owners and sales
professionals use speed networking
and part scavenger hunt. Race to get the
best business referrals



Talk Shoppe's charitable fundraisers go to support the children from the Neighborhood Christian Center
Lynn McDonald 901-849-7101

For more speaker information, or to be a speaker, contact :

Lynn McDonald: 901-849-7101 (General Speakers)

Mary Lou Nowak: resource4care@gmail.com (Health Speakers)



September-October 2026

ABOUT TALK SHOPPE

Many business owners start their business to fulfill their passion and dreams, then stagnate because they lack the knowledge and resources to grow. Talk Shoppe EQUIPS with education, ENGAGES by providing weekly networking and outside networking opportunities, EMPOWERS with marketing tools. Talk Shoppe does all of this in a supportive community.

Make Talk Shoppe a tool YOU can use to build your business and help someone else build their business.

What Level Works Best For You?

<https://talkshoppe.com/sponsor-faq/>

Community-(Cost is Free) Promote your business in a few seconds at weekly meetings. Network with people at the meeting and B.A.M.F.A.M. (Book A Meeting From A Meeting) to connect outside of the weekly meeting.

Supporter-(Cost \$110/year, some restrictions apply)
Your ad included on the online "Friends in the Business Talk Shoppe Directory."

Elite-(Cost: \$115/month or \$99/month for volunteers, some restrictions apply)
Radio/Social Media Posts Monthly/Green Screen Studio & Production/Talk Shoppe "Friends in the Business Online Directory"/Ad on Web page and more...

Premier-(Cost: \$4,850/year, some restrictions apply)
Larger ads than other ads appearing online, on the newsletter-flier and at weekly events and outside events. Option to host a Talk Shoppe weekly event at the Premier Sponsor's place of business, Radio "Friends in the Business Online Directory"/Ad on Web page and more...

BECOME A SPONSOR

<https://talkshoppe.com/sponsor-faq/>

EQUIP. ENGAGE. EMPOWER!

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Equip, Engage, Empower
YOUR business
in a Supportive Community

OUR SPONSORS!

★ SPONSORS WHO ALSO VOLUNTEER

 Accounting Howling Wolf Bookkeeping Brandie Spicer (901) 593-9369	 HVAC Refrigeration Unlimited, LLC Mark McLaurine 901-216-7782	 Your Business Advertiser Here https://talkshoppe.com/sponsor-faq/
 Business Consultant/Coach Evolve Business Coaching Keith Potts (901) 331-1857	 In-Home Senior Care MidSouth Home Helpers Tim Flesner 901-414-9696	 Real Estate Attorney Griffin, Clift, Everton & Maschmeyer, PLLC Rob M. Draughon 901-752-1133
 Digital Marketing ZRCreations Zach Roberts (901) 827-8022	 Insurance Allstate Lynn McDonald/Troy McDonald 901-849-7101	 Real Estate Investors exp Realty Silvana Pidade 901-647-6661
 One City Church Proving love works in Memphis and beyond	 Lifestyle Travel Seacret Peggy Lau 901-289-0747	 Realtor Crye-Leike Realtors Patrecia Goldstein 901-606-2000 (O)901-754-0800
 Foundation Solutions Redeemers Group Valerie Smith 901-846-5863	 Memory Care Opus Elegant Senior Living Christine Wood 901-587-7100	 Roofing Contractor Masters Roofing Memphis Ed Hill, Senior Consultant 901-273-6594 Call/Text
 Graphic Design JUUDYY Graphic Design Judy Burda 901-827-0076 twburda@bellsouth.net	 Mortgages Supreme Lending Jo Garner Mortgage Loan Officer NMLS#757308 901-482-0354	 Santa Ho Ho On The Go! Chuck Bohannon 901-619-6436
 HealthCare Benefits Empowered with Purpose Solutions Tiffany Thornburg 901-643 5400	 Moving/Transitional Planner All Things New, WTN Leah Anne Morse 901-488-9733	 Senior Living Hearthside Senior Living Donna Roach 901-651-2503
 HEALTHCARE SPEAKER SERIES Resource4 Care Info. 901 Area Professionals Resource4care@gmail.com	All rights reserved. Covered by Intellectual Property Rights No part may be reproduced in any form or by electronic means, including information and storage systems, without written permission from Talk Shoppe, LLC. 2026	